



# Boca Prep International June 2017 Menu

**SCHOOL LUNCH WAS NEVER LIKE THIS!**

**OUR FOODS NEVER CONTAIN:**

- High Fructose Corn Syrup
- MSG
- Artificial Trans-fats
- Artificial Flavors and Colors
- Artificial Nitrates

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pulled Pork Sandwiches with Baked Beans and Roasted Carrots -or- Cheese Quesadilla (VEG) -or- Deli Bar WT Creation	2 Baked Chicken Tenders with Roasted Veggies Soup of the Day -or- Veggie Burger (VEG) -or- Deli Bar
5 Hamburgers & Cheeseburgers with Roasted Baby Carrots and a Side of Mac & Cheese Soup of the Day -or- Mac & Cheese (VEG) -or- Deli Bar	6 Taco Tuesday! with Rice, Black Beans and Fiesta Corn -or- Veggie Tacos (VEG) -or- Deli Bar WT Creation	7 Pasta Bar With Red or White Sauce and Roasted Broccoli (VEG) Soup of the Day -or- Deli Bar	8 Chicken Quesadillas with Rice and Mixed Veggies -or- Cheese Quesadilla (VEG) -or- Deli Bar WT Creation	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

**Available Daily:**

**Salad Bar:** A variety of fresh lettuce, veggies and house-made dressings. Soup of the day will be offered every Monday, Wednesday and Friday.

**Deli Station:**

We will offer a variety of All-Natural, nitrate-free deli meats, along with a variety of fresh, locally-sourced veggies, and house-made dressings. Students have the choice to order a cold sub, or to have their sub hot pressed on our Panini maker!

**WT Creation:** We will offer one of our delicious, from-scratch, desserts every Tuesday and Thursday!



See you next year!

We serve fresh fruits and vegetables DAILY and rotate the choices each day! We serve all vegetables roasted, baked, or raw.

**Lunch Schedule:**  
 11:00-11:50 PreK-5  
 11:50-12:30 6-8  
 12:30-1:10 9-12

**\*If you have special dietary concerns about your child regarding allergies, please contact us directly at 561-779-5604.**